

Hipababy ring sling pattern

- Hems –rolled hem- fold and press 12mm, fold over again and sew.
- Seams – 12mm



The gathered style is a popular and easy to sew shoulder. It distributes your baby's weight evenly across your shoulder. You can scrunch it up so it mostly rests on your shoulder or spread it out over your upper arm too, which offers great support for heavier babies.

Recommended Fabrics:

For best results use fabrics recommend here. A thin fabric won't be comfortable and may tear. Medium weight fabrics (eg those used to make pants and skirts) are best. Some examples are cotton drill, linen, stretch drill, stretch cotton sateen, osnaburg, linen blends, denim, and chambray. Both sides of the fabric will show so choose fabric accordingly. Avoid cheesecloth/muslin. That fabric is not strong enough and may tear without warning. Calico is also not suitable. Quilters cotton is too thin in a single layer and too bulky and not very comfortable in a double layer and is best avoided too.

For a double layer dupioni silk or lightweight linen is great. Dupioni silk combined with a lightweight cotton or linen will also work. A double layer tussah silk will hold the heaviest toddler but it very thick and hard to pull through the rings before it is broken it (but it makes a very beautiful sling)

Natural fibres will be cooler than synthetic. Fabrics with a relatively low thread count are generally more comfortable.

Rings

For a single layer sling medium size rings are relatively easy to adjust and ensure the fabric will not slip. Large rings are generally easy to adjust with medium weight fabrics, wrap conversions, or double layer slings. While wearing the sling if the fabric slips in the rings the rings are too large and you will need undo the shoulder and put in smaller rings. Aluminum sling rings can be ordered from slingsrings.com. Their rings come in three sizes, a wide variety of colours and have been safety tested. Don't use craft rings, they are not strong enough.

Sizing

You can check your size using a tape measure (or string/ribbon cut to length) and the measurements below. Drape the tape measure from your shoulder to the opposite hip, back to the shoulder across your back, then leave the end to drape down which will show where the end of the tail will be. For a plain sling the tail should be no shorter than waist length and for a sling with an accent or large pocket add, allow some extra length. As a rough guide slings with an accent sewn to the tail, especially if it's long, look and fit better if you make your sling one size up from what you would normally wear.

Size from rings to bottom edge of tail (without seam allowances):

x-small 167cm
small 183cm
medium 198cm
large 215cm
x-large 228cm

If you are making a sling for a gift medium will fit most people. It will be around knee length for a size 10 and hip length for a size 18.

Materials Needed

Length of fabric needed:

x-small 179cm
small 195cm
medium 219cm
large 227cm
x-large 240cm

(optional) extra fabric for fabric pocket, or contrasting stripe or accent, or ribbon /braid for decorating the edge of the tail.

2 sling rings (size medium or large)

Sewing the sling

See above for sizing and length of fabric needed. Cut your sling to a 70 – 80cm width. For a double layer sling cut two pieces or fold your material in half. With right sides together sew around all edges leaving a small hole for turning. Turn right side out, iron, and topstitch (except for the side with the turning hole, just iron the seam allowance inside the sling as it will be sewn closed in the next step)

1/ Hem the sides and one short end.

2/ Place the fabric with the wrong side of the hem facing up. Press the unhemmed short edge of the sling over by 12mm. Mark 20.5cm from this edge with tailor's chalk. Fold the edge over and through the rings and match up with your measured line (see photo). Pin in place and sew with three lines of stitching about 1cm apart (not pictured).

